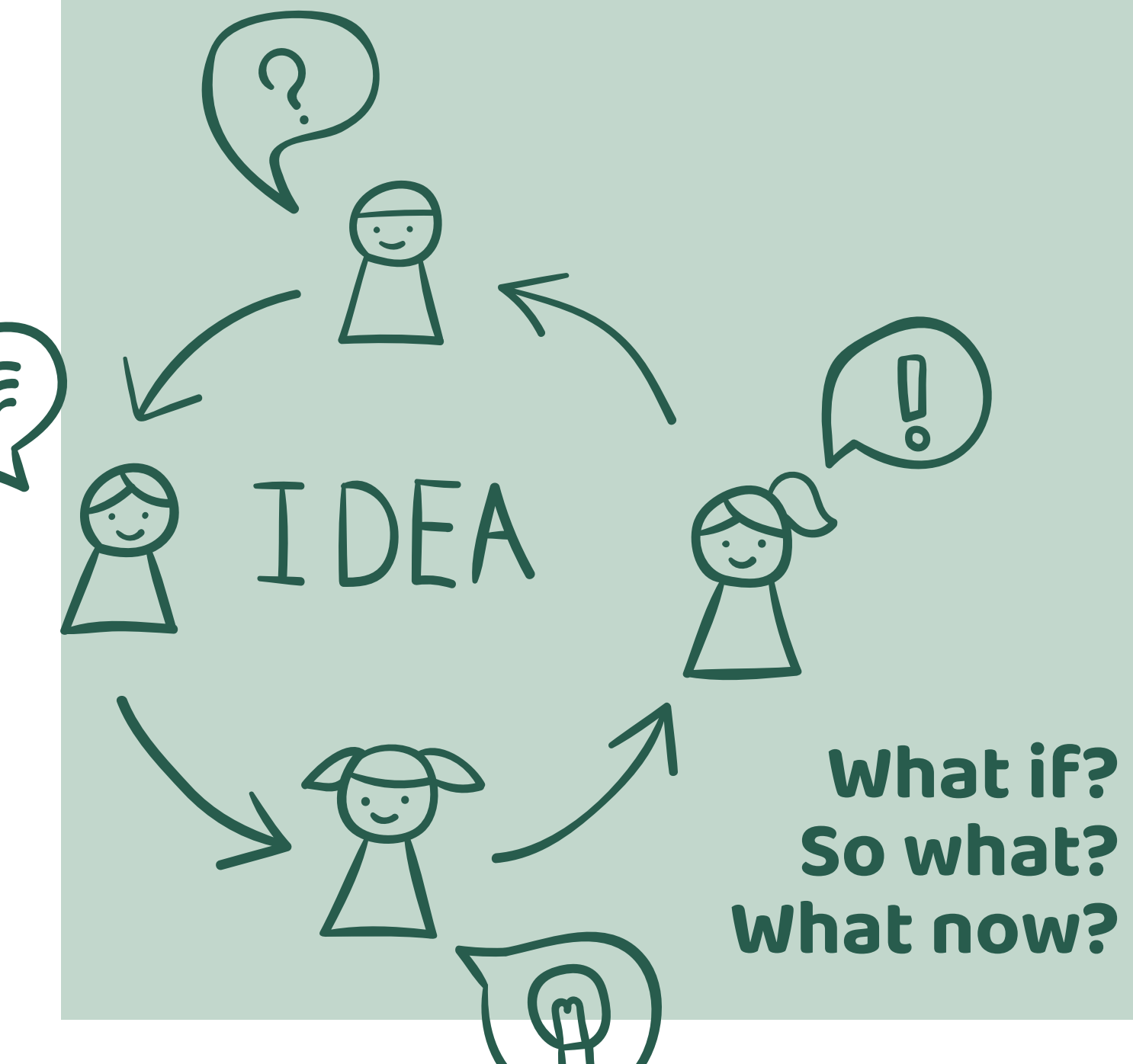


Year 1 and 2

a 2023 and 2024 snapshot

KANGAROO ISLAND 
Supporting our island's wellbeing



IMAGINE

LIVING ON KANGAROO ISLAND WHERE

“ Every person is equipped with the tools to support themselves and others toward improved wellbeing and positive mental health wellbeing. That our community feels free to be empowered, connected, inclusive of diversity and differences, and above all to be mentally healthy and living with purpose in this forever changing world ”



Kangaroo Island Our Town acknowledges all traditional owners and their strong connection to their lands and waterways. We are committed to working together to create opportunities for healing, learning, growth as we walk beside you towards a brighter future.

Kangaroo Island Aboriginal history is fascinating but shrouded in mystery - a mystery that adds another complicated layer of trauma on our Aboriginal people.

As we walk towards a future where truth telling is at the core of healing and reconciliation, **Kangaroo Island Our Town** is committed to fostering conversation that puts cultural sensitivity, safety and inclusion at the forefront of everything we do.

Connecting The Dots

Our Town's mission is to equip regional communities to take control and be able to lead mental health initiatives and the vision is simple, mentally healthy regional towns.

Our Town is a ten-year, place-based mental health initiative supporting community-determined and preventative responses to mental health challenges. The Our Town initiative aims to build the capabilities of people living in rural and regional South Australian towns to support each other in the face of mental health and wellbeing challenges.

The Our Town initiative is a partnership between the Our Town communities who are supported by the Support Team (the Fay Fuller Foundation, The Australian Centre for Social Innovation and Clear Horizon).

The Our Town network consists of two models. The first model includes four communities, Ceduna/Far West, Cummins, Kimba and **Kangaroo Island**, who are each fully funded for the ten years under the initiative by Fay Fuller Foundation.

The second model includes the communities of Berri and Mid Murray who to date have been supported through seed funding and short-term government grants. All six communities receive funded capability development and participate in network learning opportunities.

By working with existing data and evidence, and informed by people's lived experience, Our Town's goal is to generate new ideas and ways of looking at mental health. Our Town sees communities as uniquely positioned to be able to design and implement preventative approaches to mental health. Through providing long-term funding directly to communities we anticipate being able to create deep, lasting change while giving communities the time and space to test what approaches work best for them.

This awesome initiative provides Kangaroo Island the opportunity for our island community to define what is right for **our community** and reclaim our agency. We not only get to be part of the discussion, but we are now in the position to test and try island-led solutions, from our community - for our community towards the wellbeing of our community.



Kangaroo Island Our Town has been working through this journey since 2019 and we officially launched the initiative here on the island in February 2024.

Our Guiding Principles

Our principles help guide **Kangaroo Island Our Town** when we make decisions, help keep us accountable to our community, help us evaluate our projects and support us on what to measure and share back with our community.



Evidence Based

**genuine
community
engagement**

**ensure
adequate
resourcing**

**diverse and
inclusive
team**

**work with
dignity,
equality and
compassion**

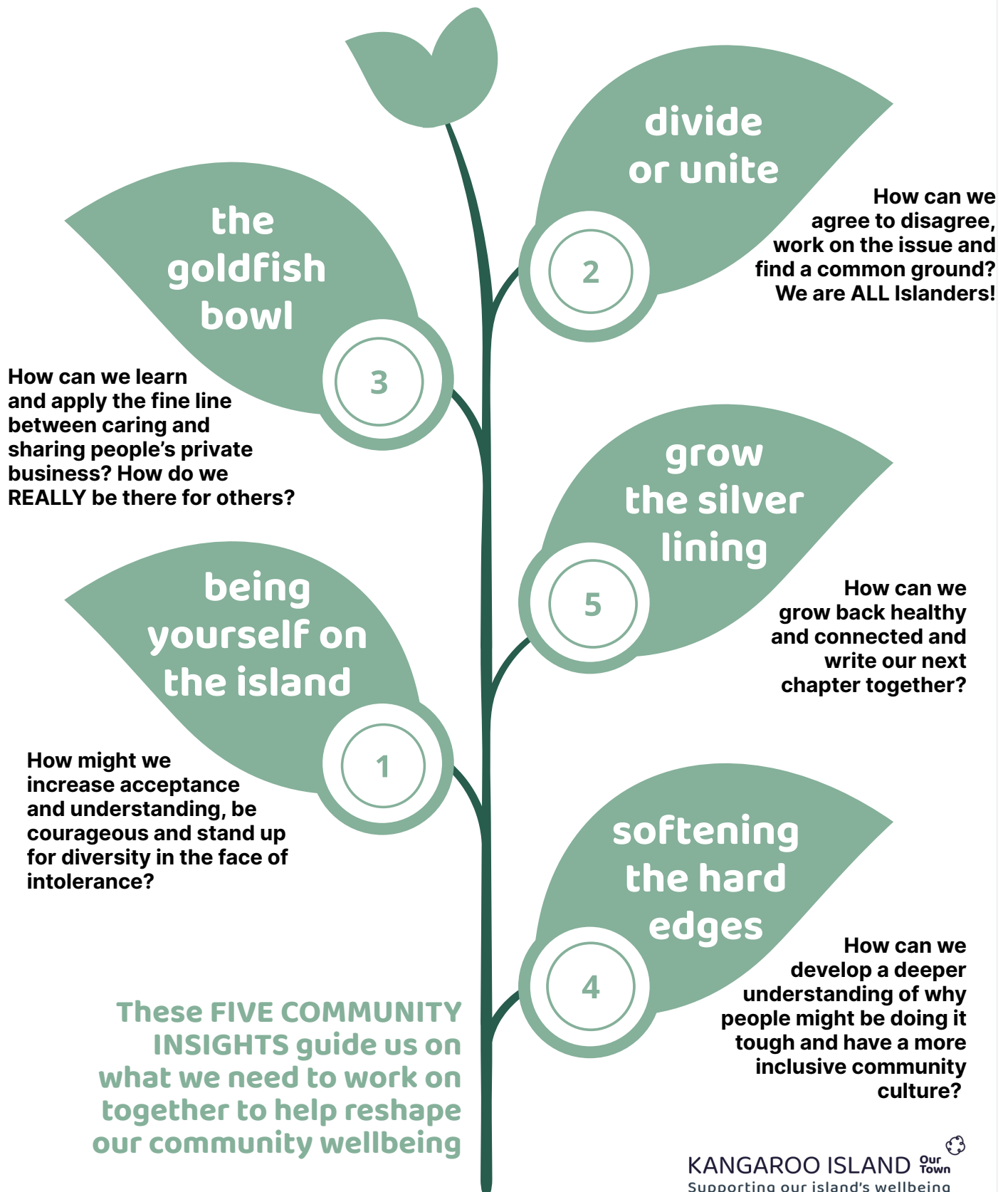
**collaborative
and
co-designed
with all
involved**

**seek social
licence from
our
community**

Kangaroo Island Insights

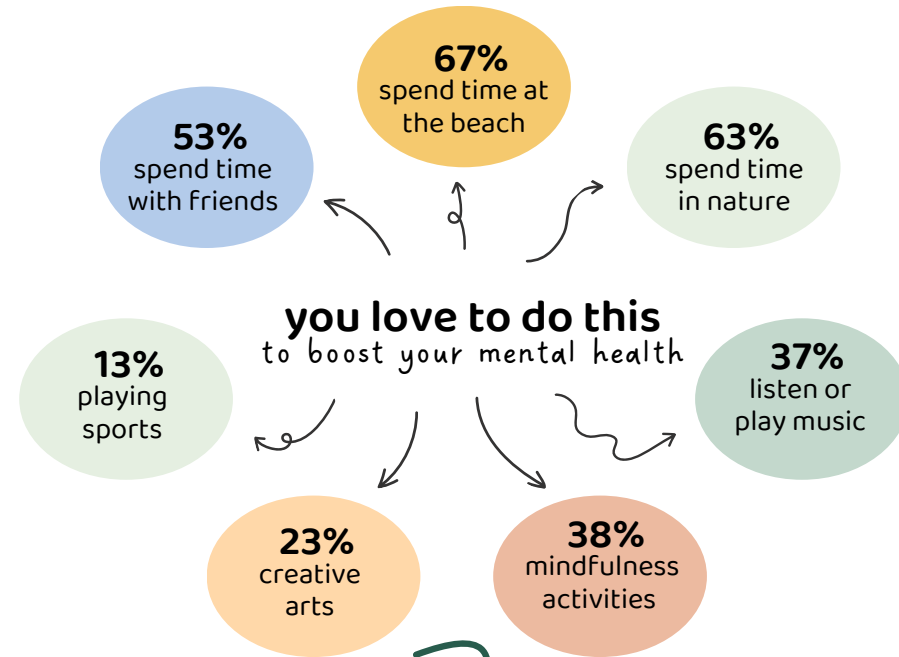
In 2021 the **Kangaroo Island Our Town** team held deep personal conversations with many diverse groups of people in our community to help identify what was good, what was working and what we needed to focus on as a community.

We developed FIVE KEY INSIGHTS from what we learnt from you.



Thinking Differently

Over the last 2 years, **Kangaroo Island Our Town** have also been reaching out to our community to find out what makes us “tick”. This information further helps us to work with you to shape your ideas towards a healthier and more connected community. So far 120 people have shared their voice....and we are still counting!

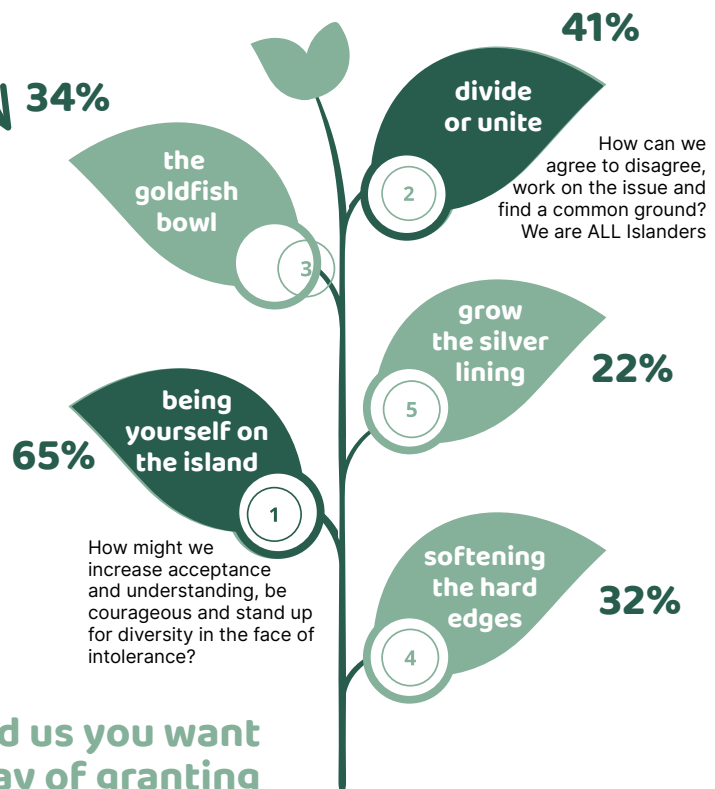


Haven't had a chance to tell us yet?
We would love to hear from you - just scan the QR code, chat to one of the team or drop us a line at hello@kangarooislandourtown.au.

you also let us know which key insights you feel most aligned to at the moment - further helping us to make sure we focus on community ideas that are important to you



You also told us you want an easier way of granting - keeping grassroots at the core - we hope we have listened



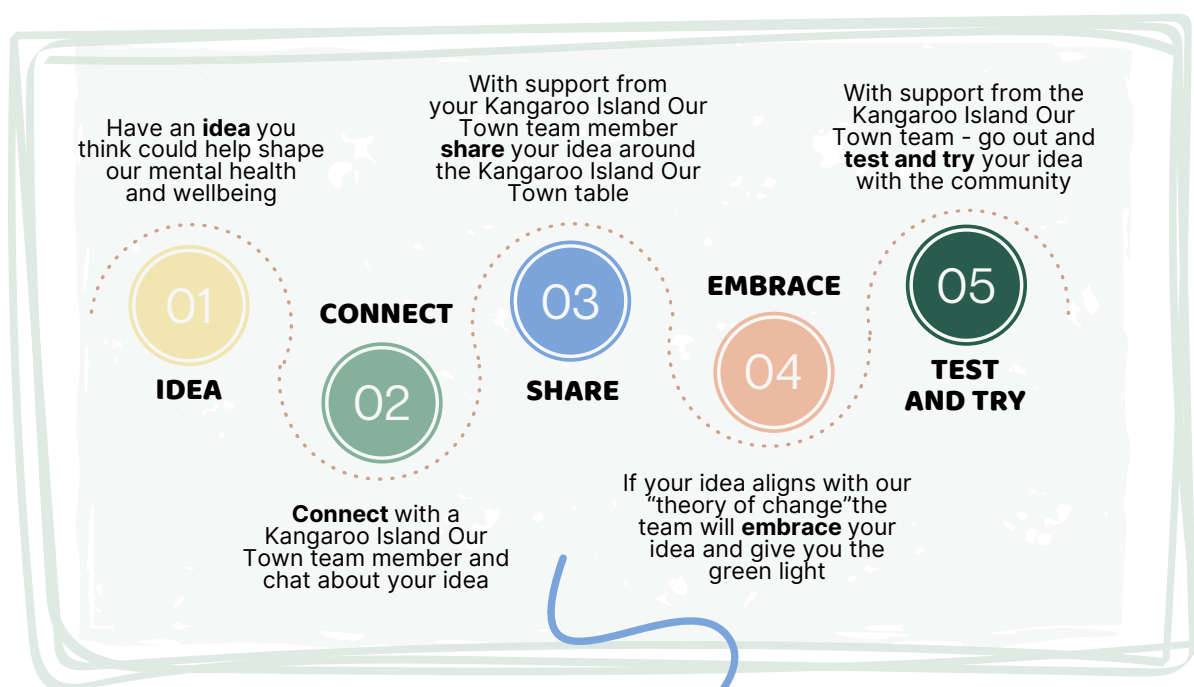
Working Differently

During 2024 **Kangaroo Island Our Town** has been building our team; testing and trying community ideas and developing our grassroots way of granting.

We wanted to get out and about, so we reached out to community who were doing really positive things and offered support for their initiatives. We have connected with many community groups such as KICE, Parenting KI, Black Dog Ride, AgKI, Advance Kingscote Progress Association, local radio, the Community Gardens and the Harvest Exchanges, local musicians and the Kangaroo Island Wildlife Network.

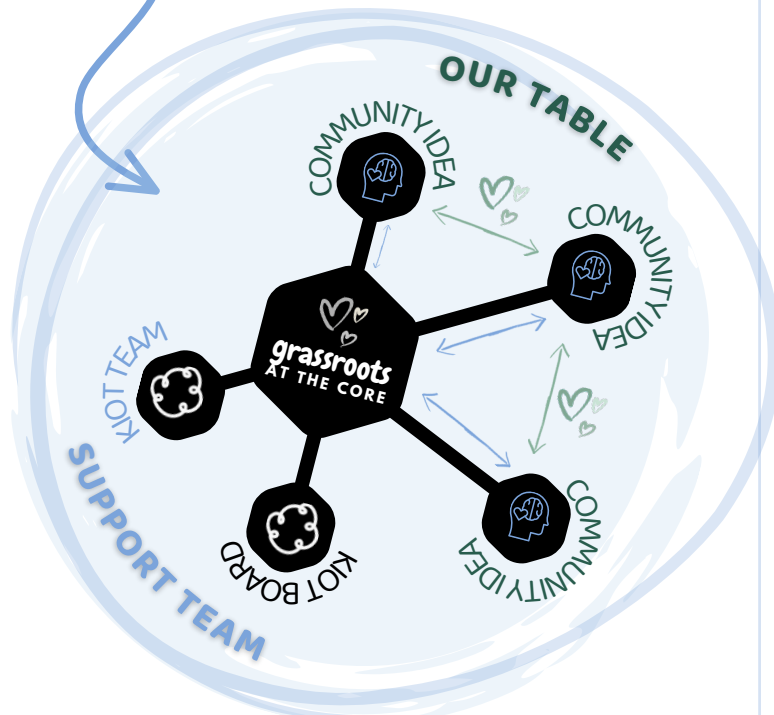
Working with community has given us the opportunity to test and try our ways of working and develop our community granting process. In all decisions we try keep things local to support our local economy (community groups or businesses) as much as possible.

So do you have an idea to share?....follow these **five easy steps to community wellbeing**.



sharing ideas around the Kangaroo Island Our Town table - how it is different.....

- Chat with us and tell us about your idea
- Little to no paperwork - a conversation is your grant process
- Share your idea alongside other community ideas - this sharing allows you to engage and be curious - building each idea as we go
- We work together to see what impact your idea may have - guided by our Theory of Change
- If your idea needs a little work to ensure it is inclusive of all islanders - that is okay, we will work with you to shape and reshape it until it is
- We trust you to test and try it - and it is okay if it doesn't work - let's look at what impact you did see and what you can do next
- And if it does GREAT - what next??



In 2024 we sat down with 11 community members who have delivered 10 community ideas

Measuring What Matters

How can we shift what we value so that our island community is deeply understanding, caring and strong? What if we shifted what to measure to demonstrate what we value in our community. Let us think about the **VIBE** (measuring what matters)- what you see, hear and feel.



STATS the boring stuff!



first up, let's make it easy to measure in a way that makes sense to us and so we are not just measuring for the sake of measuring

IMPACT what do we see?



this goes further than just the idea; think about how important these ideas have been to the people experiencing them

WHO wasn't there?



as we work towards a more inclusive and kinder community, important questions to think about - who wasn't there and why

WHERE to next?



you have delivered your awesome idea - where did it lead you - what did you learn? how can we help you think about the what if? the what next?

WHAT is the idea?



what is your idea and how does it fit into our theory of change? - we want ideas that are different and challenge our ways of thinking.

HOW are we doing it?



how are you delivering your idea? are you running a program, event, a workshop, a social media program - or just a chat?

WHO is your focus?

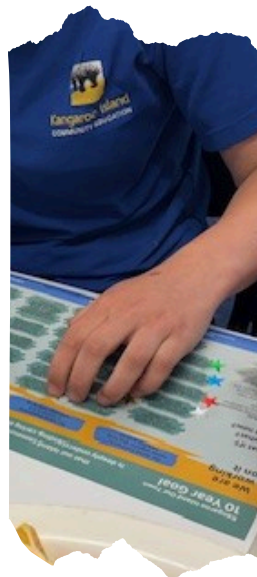


is there a particular focus for your idea? for example are you aiming it at young people, the LGBTQIA+ community or families etc.?

SUICIDE PREVENTION



does your idea sit within suicide prevention, so we can save lives together? if it does, can we help connect your idea into other support networks?



WHY are we doing it?



WHY do you want to deliver your idea? is this idea something you feel passionate about and what changes do you want to make?

TRACK which one?



some ideas we will support for a long time or some we may support for a short time to test and try to see how they go - and then who knows?

EASY TO MEASURE inclusion Matters



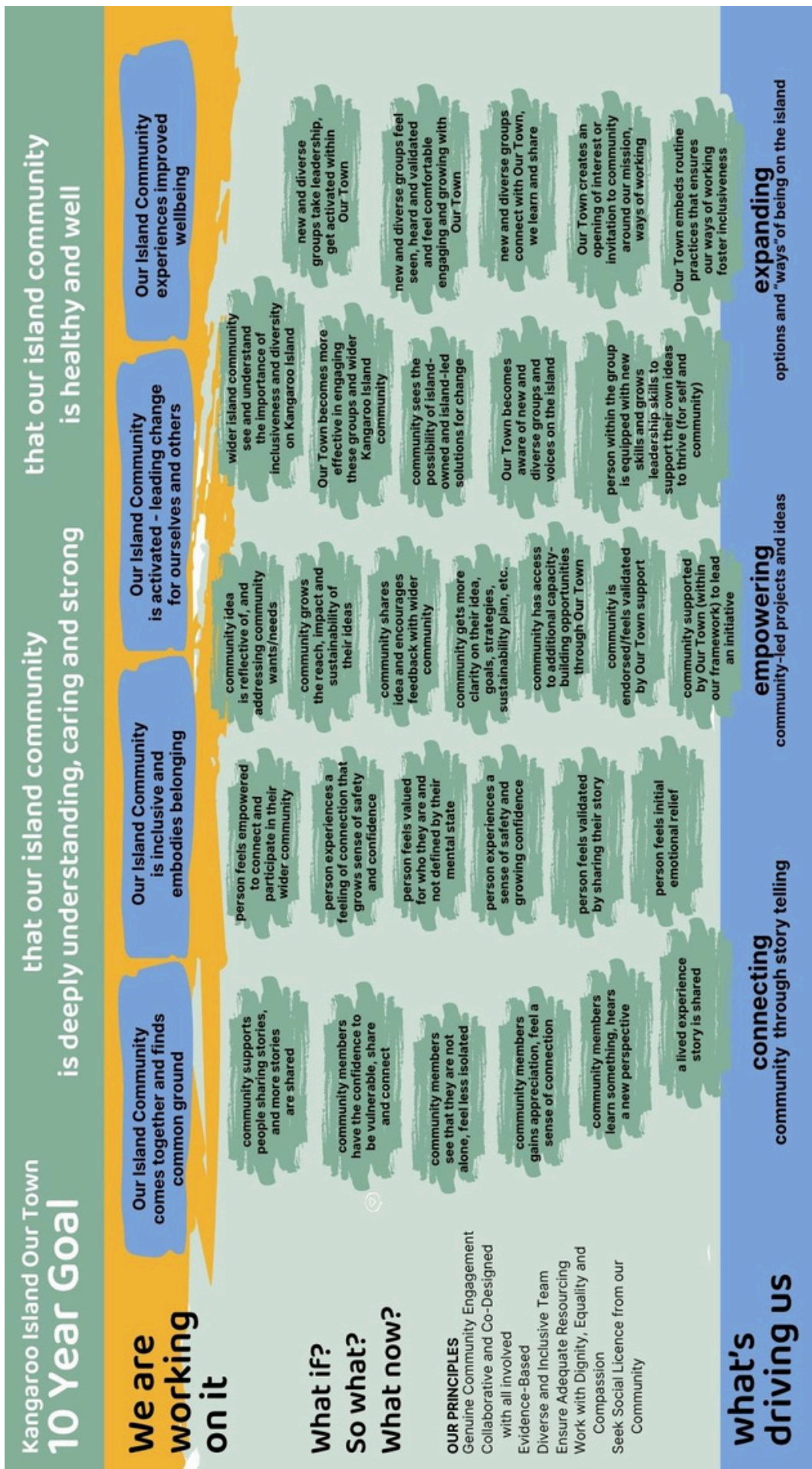
lastly, above all inclusion matters. are your ideas being delivered in a way that are inclusive and welcoming to all?

KANGAROO ISLAND OUR TOWN PRINCIPLES

Were we honest and true with our community in our dealings with you?
- did we follow our principles:

- Genuine Community Engagement
- Collaborative and Co-Designed with all involved
- Evidence-Based
- Diverse and Inclusive Team
- Ensure Adequate Resourcing
- Work with Dignity, Equality and Compassion
- Seek Social Licence from our Community

Our Roadmap to Follow



Created in 2022, our **Theory of Change** sets out our roadmap to guide Kangaroo Island Our Town as we work with our community towards our ten-year goals.

GOAL 1
That our island community is deeply understanding, caring and strong.

GOAL 2
That our island community is healthy and well.

As we weave your ideas through our community - let's think about the impact of your idea and is it moving us closer to our goals.

- WHAT IF?
- SO WHAT?
- WHAT NOW?

Take a look at some of the ideas that have weaved through our community in the last two years

Weaving Community Ideas

150+

people connected with each other and encouraged others at the Five Open Mic Nights which ran over 10 weeks

18

young people writing, playing and singing music - making new friends and willingly giving their time to play for community

80+

community members supporting local suicide prevention initiative Black Dog Ride were provided a free hearty breakfast to ensure a healthy start to the day

11

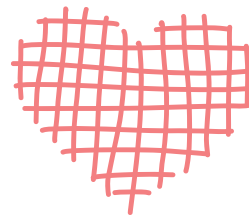
Kangaroo Island Our Town volunteers who support the community to deliver projects aligned to our theory of change

30

people connected with each other to learn and work together on community-led solutions around food security

80+

community members found information about supporting their own wellbeing at the Community Wellbeing Expo



30+

local community organisations and businesses benefitted economically by projects funded or delivered through Kangaroo Island Our Town

80+

children from Kangaroo Island attending free activities as part of the Parenting KI school holiday programs - reconnecting with their island

8

young students working on their passion project about road safety - with their campaign to be launched soon!

50+

volunteers working on community gardens and harvest exchanges feeding our community supported to thrive

70+

people attended the Kangaroo Island Business Awards in support and recognition of good wellbeing practices in our businesses

20+

2-10 years olds connected together over music and learned to play instruments and sing together

35+

brave champions stood up and performed at the Open Mic Nights (with some never having performed before) to play for community

65

Year 10 and Year 11 students learnt tools and strategies about how to support their mates through Teen Mental Health First Aid

28

people celebrated singing together in public - with "flash mobs" providing enjoyment for singers and community alike

60+

Supported the delivery of the Youth Environmental Leaders program with all Year 4 and 5 students given the opportunity to learn about it

700+

community celebrated together at the Kingscote Christmas pageant showing that as a community we can provide safe family friendly alcohol-free events

150+

people from across the island connected with each other at an event to talk about gender inequality and domestic violence

40+

community supported to meet each other regularly through their Kangaroo Island Disability & Advocates network - to chat and connect

12

people working with young people learnt about Youth Mental Health First Aid - an important step to enable Our Town to support the delivery of Teen Mental Health First Aid in our schools

10

community members came together to learn about community wealth building and how could they build capacity within our community

VISION | Our community is inclusive and embodies belonging

OUR WHY

Kangaroo Island Aboriginal history is fascinating but shrouded in mystery - a mystery that adds another complicated layer of trauma on our Aboriginal people - we want to walk towards a future where truth telling is at the core of healing and reconciliation.

IMPACT WE ARE HEARING

"I have seen a shift in the community and this NAIDOC event helped me see this - so many people gathered around and supported the day and were wanting to take part and learn. It blew my mind how many people turned up."

OUR PARTNERS

Our Aboriginal Community, the Health Service, the school, Junction, Community Centre, Medical Clinic

WHERE TO NEXT

We are committed to fostering conversation that puts cultural sensitivity, safety, truth-telling and inclusion at the forefront of everything we do.

WHERE ARE WE TRACKING

LONG

TESTING & TRYING

SHORT



VISION | Our community experiences improved wellbeing

OUR WHY

Our mission is clear that every person on Kangaroo Island is equipped with the tools to support themselves and others, toward improved wellbeing and positive mental health wellbeing. We believe Mental Health First Aid training provides a solid framework to building our community's tool box.

IMPACT WE ARE HEARING

"Students are finding a trusted adult when concerned about a friend - don't need to hold all the worry themselves."
 "It's great we are all learning the same program, using the same language."
 "Hopefully won't ever need to use it, but at least I will have something to help me manage if I do."

PARTNERSHIP

KICE (Year 10 Students); Junction; Breakthrough Foundation

WHERE TO NEXT

We are committed to providing free Mental Health First Aid (Adults) and Teen Mental Health First Aid (Year 10s) for community for ten years.

WHERE ARE WE TRACKING

LONG

TESTING & TRYING

SHORT



Community
Idea

Black Dog/RUOK Day

Community
Focus

Awareness
Raising

community
reach
100

VISION | Our community comes together and finds common ground

OUR WHY

Raising awareness in our community about mental health is crucial for reducing stigma, promoting understanding, and encouraging family and friends to seek help when needed. We understand that often these initiatives are volunteer led, so we want to support the resourcing of these important key messages.

IMPACT WE ARE HEARING

"We all should be on the lookout for common warning signs of depression and I urge all riders to go and see a mate who may be feeling down."

So many people taking part in RUOK Day (sharing resources and messages on social media and in their business, generally getting conversation going.



OUR PARTNERS

Kangaroo Island Black Dog Ride Committee; 5kix FM 90.7 Community Radio; KI Western KI Lions Club; Junction, Community Centre; Mitre 10 Community BBQ; Lions Kingscote and Parndana Op Shops; Local Businesses

WHERE TO NEXT

We are committed to supporting awareness raising campaigns delivered by our community.

WHERE ARE WE TRACKING

LONG

TESTING & TRYING

SHORT



Community
Idea

Youth Music

Community
Focus

Youth

community
participants
18

VISION | Our community experiences improved wellbeing

OUR WHY

We were hearing about how can we work together and create a vibrant, inclusive and connected community for young people. For kids, particularly those who aren't sporty, we need to find a way to build connections in the community, foster friendships and gain confidence in a team-like environment.

IMPACT WE ARE HEARING

"I hear some of the kids are singing in the school yard now. That's music to my ears. There is a lot of kindness and empathy - no hierarchy or competition."

"I love the band, it's so great. I've made friends and learned music that I never would have thought I could play."



PARTNERSHIP

Tristan Simon; The Community Centre, Funding: Junction; Headspace; Department of Human Services

WHERE TO NEXT

We are committed to testing and trying the Youth Music program to see where it takes us.

WHERE ARE WE TRACKING

LONG

TESTING & TRYING

SHORT



Student
Voice
Agency
Idea

Drive Alive

Community
Focus Awareness
Raising

OUR PARTNERS

The Drive Alive Drivers
(Year 7 and 8 Students);
KICE Parndana Campus; SES; Arlow
Studios; Together Forever; Wrapping
Hood; Kingscote Mens Shed; Junction,
Community Centre

community
reach
1000+

VISION | Our community is activated, leading change for ourselves and others

OUR WHY

To support an idea from the student voice agency and leadership program on Kangaroo Island, where a forum is run for students to present their ideas for tackling a community issue of their choice.

An initiative spreading the awareness and risks of drink driving.

IMPACT WE ARE HEARING

"I feel as kids we have to have some safe way of getting home, and we had to target that problem."

"They now are more aware that they have a voice, and they have power to do something about a problem that they perceive in their community, and they're willing to give it a go."

WHERE TO NEXT

We are committed to supporting the Drive Alive campaign as long as the community wants us to.

WHERE ARE WE TRACKING

LONG

TESTING & TRYING

SHORT



Community
Idea

Christmas Pageant

Community
Focus Community
Owned
Initiatives

PARTNERSHIP

Advance Kingscote
Progress Association

community
reach
500+

VISION | Our community experiences improved wellbeing

OUR WHY

In our initial years of building the Our Town initiative here on Kangaroo Island, we identified positive initiatives that were well-loved by our community. Our aim was to support these positive initiatives for three years as a way of learning more about our community and for them to learn about us.

IMPACT WE ARE HEARING

"Moving the Kingscote Christmas pageant from the main street to the local footy oval - one simple shift changed it from an event where parents spent time in the pub to an alcohol-free event where families could safely be together".

WHERE TO NEXT

As our initial three years of seed support finished in 2024, we will be reaching out to support community groups and individuals who would like to take part in and enrich the pageant.

WHERE ARE WE TRACKING

LONG

TESTING & TRYING

SHORT



Community
Idea

Open Mic Night

Community
Focus

Community
Owned
Initiatives

VISION | Our community comes together and finds common ground

OUR WHY

We were hearing about our local music scene which needed space to help it thrive. We wanted to support an initiative that provided a supportive and inclusive space for community to express themselves and hone their skills. We also wanted to support a space that provided a ground for local creativity for islanders by islanders.

IMPACT WE ARE HEARING

"This is awesome - I used to worry about the number of people turning up to watch the show but over time I now understand the important piece has been the number of people willing to stand up in front of their community and give it a go."



OUR PARTNERS

East Texas Music;
Community Centre;
Junction; The Kangaroo
Island Yacht Club

community
reach
100+

WHERE TO NEXT

We are committed to testing and trying the Open Mic Night initiative to see where it takes us.

WHERE ARE WE TRACKING

LONG

TESTING & TRYING

SHORT

Community
Idea

Employment Awards

Community
Focus

Community
Owned
Initiatives

VISION | Our community experiences improved wellbeing

OUR WHY

Small businesses have many positive aspects but can create unique stressors for workplace mental health. The awards are an opportunity to acknowledge great staff who have worked really hard - we wanted a platform that also acknowledge businesses that also look after their workers and themselves.

IMPACT WE ARE HEARING

Mental Health and wellbeing were included as part of the employment awards nomination application for the first time. This gave business owners the opportunity to reflect on what practices they had introduced to ensure they were providing mentally healthy practices for themselves and their staff members.

PARTNERSHIP

Kangaroo Island
Business Hub;
Kangaroo Island Business Brand
Alliance (KIBBA)

community
reach
60+

WHERE TO NEXT

We are committed to testing and trying the employment awards to see where it takes us.

WHERE ARE WE TRACKING

LONG

TESTING & TRYING

SHORT



NAMING PARTNER

KANGAROO ISLAND Our Town
Supporting our island's wellbeing

AWARD PARTNERS



Supporting the
Fleurieu community
Bendigo Bank



AWARD CO-PARTNERS



MEDIA PARTNERS



EVENT PARTNERS

KANGAROO ISLAND Our Town
Supporting our island's wellbeing



American River
Progress Association

Community
Idea

Food Movement

Community
Focus

Community
Owned
Initiatives

VISION | Our island community comes together and finds common ground

OUR WHY

We were seeing a shared vision of a thriving local food supply that not only nourishes the island's residents but also fosters a deep sense of community and resilience. The seeds of change had been planted, and the future of local food production is bursting with potential.

IMPACT WE ARE HEARING

'The skills being shared aren't just practical; they're transformative. With more and more growers coming on board, these efforts lay the groundwork for a resilient food system—one that ensures fresh, local food remains accessible for all. This isn't just about growing; it's about securing our future.'



PARTNERSHIP

Community Gardens (Parndana, Penneshaw, American River and Kingscote); Harvest Exchanges (Gosse, Karta, Elsegood, Heartland and American River); Kangaroo Island Garden Club, Junction

community
reach
100+

WHERE TO NEXT

We are committed to testing and trying the garden programs to see where it takes us.

WHERE ARE WE TRACKING

LONG

TESTING & TRYING

SHORT



Community
Idea

School Holidays

Community
Focus

Families and
Children

VISION | Our island community is inclusive and embodies belonging

OUR WHY

We were hearing how some of our children do not get the chance to participate in positive activities on the island during school holidays. This community idea supported opportunities for families to explore and reconnect with their island home.

IMPACT WE ARE HEARING

"It was great seeing kids interact with other kids that they wouldn't normally play with - on top of that this also gave an opportunity for parents to meet each other."

"One family said they were going to go and unpack their art gear and sit down together as a family and draw."



PARTNERSHIP

Parenting KI; Junction; The Wild Thrive; The Community Centre

community
reach
100+

WHERE TO NEXT

We are committed to supporting free school holiday programs for families in our community for ten years.

WHERE ARE WE TRACKING

LONG

TESTING & TRYING

SHORT



Community
Idea

YEL Forum (Year 4/5)

Community
Focus

Future
Youth

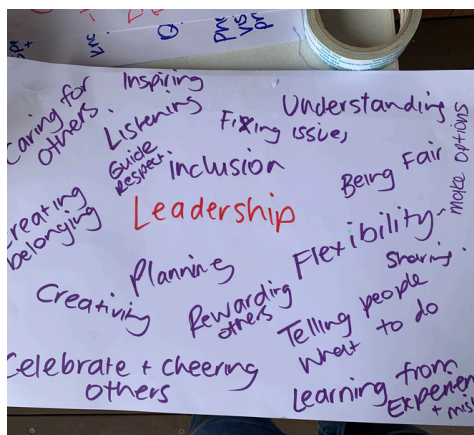
VISION | Our community comes together and finds common ground

OUR WHY

To get students thinking about what it means to be a Young Environmental Leader and what is most important to them about their local environment. To see what they would like to see preserved and looked after and ways they can take action and share what they are learning with their peers, families and within their community.

IMPACT WE ARE HEARING

"Their most precious thoughts and feelings and pledges about KI are now entwined in the artwork to stay. It does not matter that we cannot read their thoughts or feelings, each student knows exactly what they wrote and can treasure that forever."



OUR PARTNERS

Kangaroo Island
Community Education;
Kangaroo Island and Murrayland
Landscape Board Education Team;
National Parks Staff

community
participants
50

WHERE TO NEXT

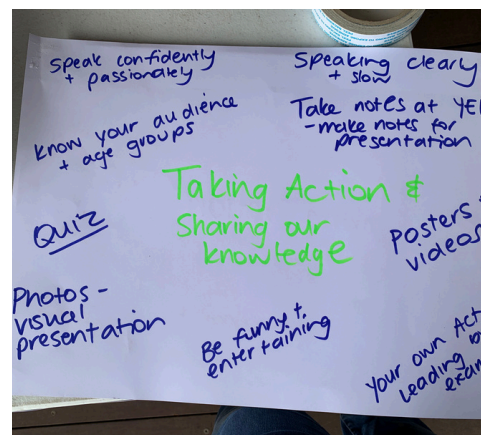
We are committed to supporting initiatives that build leadership capacity amongst our young people as we work towards a Kangaroo Island Youth Voice.

WHERE ARE WE TRACKING

LONG

TESTING & TRYING

SHORT



Community
Idea

Daydreamer's

Community
Focus

Youth

VISION | Our island community is inclusive and embodies belonging

OUR WHY

Live music is important to young Australians, now more than ever. As cost-of-living continues to be their biggest concern, young people are struggling to attend concerts, gigs, and festivals. This young leader from Kangaroo Island wanted to create an event for our young people by young people.

IMPACT WE ARE HEARING

"Thank you for bringing my vision to life... connecting the community, letting go and immersing our senses in a different time, place and feeling that we can bring back to the present moment and impact our current life."
"Thank you to Jack Kay and Izzy Clare for opening (stars in the making)."



PARTNERSHIP

Chantal Leonhardt
(Bloom by the Ocean)

community
participants
60+

WHERE TO NEXT

We are committed to testing and trying youth initiatives that are led by young people and speak to a younger audience.

WHERE ARE WE TRACKING

LONG

TESTING & TRYING

SHORT



Student
Voice
Agency
Idea

KI Wildlife Carnival

Community
Focus Awareness
Raising

OUR PARTNERS

Kangaroo Island
Wildlife Network

community
reach
100+

VISION | Our community is activated, leading change for ourselves and others

OUR WHY

We believe islanders have a strong connection to our natural environment regardless of their background or their work. This carnival celebrates this uniqueness and raises awareness of current challenges to our environment and our wildlife while providing solutions and simple ways to protect our environment.

IMPACT WE ARE HEARING

The Wildlife Carnival provides a space for “common ground” and “connection opportunities” outside of the mainstream sports events, without labels of farming or national parks or tourism being applied. As an example, a key activity at the Carnival was the creation of a shared piece of community art.

WHERE TO NEXT

We understand the KI Wildlife Carnival provides a really inclusive and diverse event and would be keen to partner with them on other initiatives.

WHERE ARE WE TRACKING

LONG

TESTING & TRYING

SHORT



Community
Idea

Healthy Stokes Bay

Community
Focus

Community
Owned
Initiatives

PARTNERSHIP

Stokes Bay
Community Hall

community
participants
14

VISION | Our community experiences improved wellbeing

OUR WHY

After rebuilding their community hall, the Stokes Bay community wanted to bring their community together with a focus on healthy minds and bodies. They wanted to ensure the fitness classes offered were affordable to the local community to encourage participation.

IMPACT WE ARE HEARING

“It has been wonderful to see so many different people from all across the island come together facilitated by this class. Aleena has done a wonderful job of making all feel welcome and adapt the session to different levels and needs.”

WHERE TO NEXT

Our initial seed funding support has now been spent towards the initiative and we understand the numbers attending are growing.

WHERE ARE WE TRACKING

LONG

TESTING & TRYING

SHORT



VISION | Our island community is inclusive and embodies belonging**OUR WHY**

The KI Disability Community & Advocates (KIDCA) peer network supported by Purple Orange, is a social network for people who live with disability or someone who supports someone with a disability. In 2024 their funding changed, and they reached out for support to continue their network catch-ups.

IMPACT WE ARE HEARING

The network has grown from strength to strength and the cuppa catch-ups have proven to be very popular.

Recognising the power of the KIDCA network, Kangaroo Island Our Town nominated the group for a Fay Fuller Foundation Pay It Forward grant with KIDCA receiving \$5000 to put towards initiatives from the network.

OUR PARTNERS

Kangaroo Island
Disability Community
& Advocates; Purple Orange

community
reach
80+**WHERE TO NEXT**

Our island disability community is overlooked in many conversations, and their voices often unheard in areas that impact them the most. We are committed to fostering inclusion and supporting the elevation of their voices.

WHERE ARE WE TRACKING

LONG

TESTING & TRYING

SHORT

Are you a person with disability?

You're invited to

Connect Over a Cuppa!

A space for people with disability, their families and supports to come together and have a chat over a cuppa. Friendly, informal and supportive. New members are always welcome!



Thursday 20th February
10am - 12pm
@ Fat Beagle Cafe, Penneshaw
Coffee/tea & cakes provided!



Be part of creating an inclusive and diverse community in Australia

**Tuesday 3rd December
10am - 12pm**

Between the Lions Playground and the Old Police Station, Kingscote Terrace

Free coffees from Big Quince Print!

The theme for IDPwD24 is:
Amplifying the leadership of persons with disabilities for an inclusive and sustainable future.

Share your thought on leadership to WIN a Big Quince Print gift voucher!

Raffle drawn at 12pm on 3/12/24

VISION | Our island community is inclusive and embodies belonging**OUR WHY**

Teachers at the school had noticed some students were struggling during the lunchtime break at school. Some students were seeking quieter activities with a focus on mindfulness, whilst others were just wanting to make friends. Their idea for a wellness wagon has encouraged opportunities for quiet play and created time to meet new friends.

IMPACT WE ARE HEARING

"It was so good to have the opportunity to propose my well-being wagon idea which I have just implemented at Kingscote campus....but hopefully it catches on!"

PARTNERSHIP

KICE Kingscote
Campus; Community
Centre; Juncton

community
reach
15+**WHERE TO NEXT**

We are committed to supporting initiatives that create opportunities to encourage learning about empathy and inclusiveness in the early years.

WHERE ARE WE TRACKING

LONG

TESTING & TRYING

SHORT



VISION | Our community experiences improved wellbeing**OUR WHY**

We are hoping to build our relationship with the agriculture community here on the island and, as their peak body, AgKI was a trusted partner to work with. The AgKI Conference was a good step towards this and sponsoring Warren Davies, The Unbreakable Farmer as a speaker was a good place to start.

IMPACT WE ARE HEARING

We heard that the tools and strategies Warren shared resonated with many of the farmers - as a farmer himself he could connect on a level that meant something to them.

**WHERE TO NEXT**

We are committed to supporting wellbeing initiatives led by our farming community and welcome further relationship building with AgKI.

WHERE ARE WE TRACKING

LONG

TESTING & TRYING

SHORT

**VISION | Our community experiences improved wellbeing****OUR WHY**

Continuing to build our relationship with the farming community, when AgKI and PIRSA reached out for support for their "Let's Get Through This Together" workshops - we instantly knew we needed to support the workshop, particularly as their workshops included an element of supporting family and friends.

IMPACT WE ARE HEARING

The farmers enjoyed coming together especially to connect with one another during this extremely tough time.....we have a long way to go.

WHERE TO NEXT

We are committed to supporting wellbeing initiatives led by our farming community and welcome further relationship building with AgKI.

WHERE ARE WE TRACKING

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Let's get through this together Surviving the Season and Commodity Prices

Tuesday 5th December
Parndana Golf Club 6.30pm - 9.30pm
Dinner provided

Or

Thursday 7th December
Berry's woolshed 654 South Coast Rd 7.30am - 10.30am
Breakfast provided. BYO Chair

Presentations:

- **Jamie Heinrich** - Overview of market predictions for commodities
- **Marty Kay** (Parndana), **Daniel Pledge** (MacGillivray) - managing the core fundamentals
- **Rural Business Support** - 5 things you can manage now
- **Dave Arnold** - what to say if you are worried about a friend or family member
- **Des Pratt** (Parndana), **Lyn & Trevor Bolto** (MacGillivray) - five lessons learnt from the 1990's



Stepping Into 2025 (Year 3)

Over the last 2 years **Kangaroo Island Our Town** has spent time building our team and thinking about our ways of working. We have created a collaborative granting space and are beginning to see a shift in the community ideas being presented to us - empowering every voice is our focus for Year 3.

working with young people to find their own voice and the courage to use it

- ✓ **SA Youth Forum:** Support the SA Youth Forum here on Kangaroo Island - this conversation starter will be the first steps towards a youth voice by young people for young people.
- ✓ **Kangaroo Island Youth Voice:** Support the establishment of a youth voice for our young people on Kangaroo Island so they can have their own voice at the community table when decisions are being made about them.



strengthening ties between our young people and their community

- ✓ **Student Youth Voice and Agency:** Partnering with KICE Parndana Campus, we will again support another youth passion project - an idea tackling loneliness in our community.
- ✓ **Youth Volunteer Army Project:** Partnering with KICE and the Community Centre this project focusses on connecting young people to volunteer opportunities in our community.

support community initiatives that foster positive, kind and inclusive ways of working and changing mindsets

- ✓ **Community Gardens and Harvest Exchanges:** Continuing support of the community food movement here on the island reaching across all community gardens and harvest exchanges.
- ✓ **Going With The Flow:** Being open to seeing where community takes us.....
- ✓ **Generational Music:** Building on younger and youth music workshops, introducing music to older generations at the Cook Centre - and then bringing everyone together to celebrate

support our community to find ways of being the best versions of themselves

- ✓ **Kangaroo Island Men's Spaces:** Support the idea of what this could look like here on the island and what networks could be created.
- ✓ **Building Our Mental Health Literacy:** Committed to the delivery of free Adult and Teen Mental Health First Aid and for the community to learn skills to support each other break down stigma.
- ✓ **Kangaroo Island Women's Spaces:** Support creation of a nurturing, inter-generational community where women of all ages can come together to create, connect, and contribute to a culture of sustainability and shared wisdom.

reaching out to our island communities to support empowering every voice in the Our Town journey

- ✓ **Communities within community:** The Kangaroo Island Our Town team will be reaching out to chat to communities that sit within the wider Kangaroo Island community.
- ✓ **Growing The Different Voices in Our Team:** Continually growing our team to ensure we have many different and diverse voices at the table.

Kangaroo Island Youth Voice

Kangaroo Island Our Town is committed to empowering our young people to take initiative, foster collaboration and drive positive change. Through invisible leadership we will stand back to allow our young voices and ideas to shine, to drive the direction for **Kangaroo Island Our Town** through years 3-10.

Interested - WATCH THIS SPACE



Kangaroo Island Team



Are you curious and would like to know more?

drop us a line at hello@kangarooislandourtown.au
or give us a call on 0400 277 928

**When we think of
Kangaroo Island
we believe the greatest
strength we have in this
community is the people
who choose to live here
and call this place home.**

**Do you have a community idea
you would like to test and try or
do you want to find out about
Kangaroo Island Our Town?**

**Scan the QR code and leave us
your details, or email us at
hello@kangarooislandourtown.au
or give us a call on 0400 277 928**

KANGAROO ISLAND Our Town
Supporting our island's wellbeing

